



# *The Ladies Cup And "Elsie" Trophy*

At Sligo Yacht Club  
August 6<sup>th</sup>-7<sup>th</sup> 2022

## **SAILING INSTRUCTIONS**

### **1 RULES**

- 1.1\* The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*, the prescriptions of the ISA, the IRC and ECHO Ratings Rules, the Notice of Race, these Sailing Instructions and any amendments thereto.

### **2 NOTICES TO COMPETITORS**

Notices to competitors on the club Notice Board.

### **3 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted at least 90 minutes before racing on any day of the event.

### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed at the flag pole at Sligo Yacht Club. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

### **5 SCHEDULE**

- 5.1 Dates of racing:

Saturday 6<sup>th</sup> August Race 1: First Gun 1130hrs

**Ferry from 9.15 am. One crew member to stay ashore for briefing at 10.30 am at the pontoon.**

Race 2,3: as soon as possible after Race 1

Sunday 7<sup>th</sup> August Race 4: First Gun 1130hrs

Race 5: As soon as possible after Race 4

6. **RACING AREA:** Sligo Bay.

7. **THE START:** Races will be started in accordance with Rule 26.

- 7.2 Channel 72 will be used by Race Committee. Any warning may not be a countdown to the sequence.



- 7.3 The starting line will be between the committee boat and a laid mark. This laid mark may also be the leeward mark of the course.
- 7.4 A boat starting later than **5 minutes** after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

## **8 THE FINISH**

- 8.1 The finishing line will normally be between the committee boat and the final mark on the course.
- 8.2 In the event of a shortened course, the committee boat will sound 2 guns as the leaders approach, will fly an "S" flag and announce the shortening of the course on VHF channel 72. In this case the finish may be between the committee boat and any mark of the course or a round pink buoy laid to create the finish line.

## **9 PENALTY SYSTEM**

- 9.1 For all class(es) rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

## **10 TIME LIMITS**

- 10.1 Time limit for all classes are as follows:  
All races: 90 Minutes
- 10.2 For All races Boats failing to finish within, 30 minutes after the first boat in her fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

## **11 PROTESTS AND REQUESTS FOR REDRESS**

- 11.1 Protest forms are available at the race office, located at Sligo Yacht Club.
- 11.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race.

## **12 THE COURSES:** Windward/ Leeward

## **13 SCORING: Low Point System of Appendix A will apply. 2 races are a series. 1 Discard will apply after the 5<sup>th</sup> race.**

- 13.2 Echo handicapping will be progressive.

## **13 RADIO COMMUNICATION**

Unless requested by the Race Officer or in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.



**14 PRIZES:** Prizes will be awarded to the winners at the discretion of the Organising Authority, but will include at a minimum, The Ladies Cup & The Elsie Trophy

**14 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race.

**15 INSURANCE**

Each participating boat shall be insured with valid third party and racing liability insurance. This insurance certificate must be attached to the entry form. Failure to present valid insurance may result in disqualification.