



Northwest Offshore racing Assoc.
Championships
Venue 3 Mullaghmore Sailing Club

August 9 2014

SAILING INSTRUCTIONS

1 RULES

- 1.1* The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*, NORA Handicap & Ratings Rules, the Notice of Race, these Sailing Instructions and any amendments thereto.
- 1.2 All yachts will race in a single class with the exception of Whitesail yachts who will be treated as a separate class.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board outside the committee room of Sligo Yacht Club.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 90 minutes before racing on any day of the event.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flag pole at Sligo Yacht Club.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 SCHEDULE

- 5.1 Dates of racing:

Sat Aug 9

Race 10: First Gun 1100 hrs

Race 11 : First gun 1415 hours

Race 12 First gun as soon as possible after Race 11

Note Prizegiving for the NORA regatta series will take place in Mullaghmore clubhouse – the time will be posted in the clubhouse.



6. RACING AREA

The racing area will be Mullaghmore Bay. See appendix 1.

7. THE START

- 7.1 Races will be started with the warning signal made 5 minutes before the starting signal.
- 7.2 Where possible the race committee will endeavour to provide a warning to the start sequence commencing over the VHF radio (Channel 72). This warning may not be a countdown to the sequence.
- 7.3 In all cases the flag signal will take precedence over any radio and / or sound signal in terms of race and start timings.
- 7.4 The start sequence will operate as follows:
- | | | |
|--------|----------------|----------------------|
| 5 Min: | Sound Signal - | Class Flag Displayed |
| 4 Min | Sound Signal - | P Flag Displayed |
| 1 Min | Sound Signal - | P Flag Lowered |
| Start | Sound Signal - | Class Flag Lowered |
- 7.5 Class Flags: Spinnaker Fleet (C) / White Sails (W)
- 7.6 The starting line will be between the flag flying on the committee boat and a laid mark. This laid mark may also be the leeward mark of the course.
- 7.5 The white sails fleet start will follow the Spinnaker Fleet and where appropriate the White sails course will be called in advance of the White Sails starting sequence.

8 THE FINISH

- 8.1 The finishing line will normally be between the committee boat and the final mark on the course.
- 8.2 The last race of the day may be finished between the final mark on the course and the club house.
- 8.3 In the event of a shortened course, the committee boat will sound 2 guns as the leaders approach, will be fly an "S" flag and announce the shortening of the course on VHF channel 12. In this case the finish may be between the committee boat and any mark of the course or a round pink buoy laid to create the finish line.



9 PENALTY SYSTEM

- 9.1 For all class(es) rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

10 TIME LIMITS

- 10.1 Time limit for all classes are as follows:

Race 10.11 and 12 : 2 Hours

- 10.2 Boats failing to finish within, 45 minutes after the first boat in her fleet sails the course and finishes will be scored Did Not Finish without a hearing.

11 PROTESTS AND REQUESTS FOR REDRESS

- 11.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 11.2 For each class, the protest time limit is 2 Hours after the last boat has finished the last race of the day.

9 THE COURSES

- 9.1 The courses to be sailed may be any of the following; Round the cans, Windward/ Leeward, Olympic.
- 9.2 The course for each fleet will be announced on VHF Channel 12 in advance of the fleets start sequence.
- 9.3 White sails fleet may be set a separate course and if so this course will be called in advance of the White sails starting sequence.

10 DIVISIONS & FLEETS

- 10.1 It is the intention of the organising committee to run two separate fleets.

1. Spinnakers / 2. White Sails

11 SCORING

- 11.1 The Low Point System of Appendix A will apply.
- 11.2 3 races are required to be completed to constitute a series.
- 11.3 The overall result for a boat will be the sum of all a boats results allowing for discards (if applicable) as laid out in 11.4 & 11.5
- 11.4 A competing boat will be allowed to discard their lowest placed result at each venue, provided that three or more races have been sailed at that venue.
- 11.5 Coastal Races will be awarded double points and can NOT be discarded.
- 11.6 NORA handicapping will be progressive.

12 RADIO COMMUNICATION

Unless requested by the Race Officer or in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.



13 PRIZES

13.1 NORA:

Prizes will be awarded to the winners & Runners Up of the following classes, Spinnakers & White Sails.

Individual Race prizes may also be awarded.

15 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race.

16 INSURANCE

Each participating boat shall be insured with valid third party and racing liability insurance. This insurance certificate must be attached to the entry form. Failure to present valid insurance may result in disqualification.